

## Role of the child

- Do not bully other children – it is not kind.
- If you see someone being bullied – help them or tell an adult.
- If you are being bullied TELL SOMEONE!
- Use the class worry box.
- Speak to your teacher – don't exaggerate, be honest and stick to the facts.
- Write it down or draw a picture if it helps you explain.
- If it does not stop – tell the teacher again.
- Tell yourself – “I don't deserve to be bullied”.
- Try to show that you are not upset.
- Try being assertive – shout “go away” loudly or walk quickly and confidently away.
- Get your friends to support you positively.
- Show you and your friends disapprove.
- Tell an adult.
- Show understanding and support to children who may be bullied.
- Don't stand by and watch – tell an adult straight away.
- Remember – it's not your fault. No one deserves to be bullied.

## Role of the parent

### If you suspect your child is being bullied,

- Listen to your child.
- Try not to overreact.
- Show sympathy but try not to dwell on the situation.
- Tell your child that bullying exists and it's not their fault.
- Check all the facts – is it bullying or friendship problems, which may resolve naturally?
- Talk about possible strategies for your child to use.
- Encourage your child to tell the teacher.
- If the situation is serious, contact the class teacher yourself.

### If your child is bullying another child and the situation is not resolved we will ask you to

- Meet with the class teacher to explain the situation and how together we can resolve it.
- Explain to your child that bullying is wrong and it makes other children unhappy.
- Give your child lots of praise and encouragement when they are being kind and considerate.
- Talk to your child about school.

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# Frenchay C of E Primary School



*Learn, Enjoy, Care, Achieve Together*

**ANTI-BULLYING  
PROCEDURES**





The complete Policy on Anti-bullying is available from school and our website - just ask if you would like to read it in full.

Frenchay C of E Primary School believes that it is every child's right to learn in a supportive, caring and safe environment without fear of being bullied.

Bullying is action taken by one or more children with the deliberate intention of hurting another child, either physically or emotionally over a period of time. Bullying is not simply two children falling out with each other.

We do not tolerate any forms of bullying and take every reported case seriously. All incidents are investigated and strategies are put in place to eradicate the bullying. Incidents are recorded and kept in the Head Teacher's Office.

Strategies to remove bullying may involve befriending, circle of friends, support groups, mediation by adults or peers, assertiveness training groups, social skills groups.



# Types of bullying

Types of behaviour that occur over a period of time by the same child to another that may be termed as bullying are:



Continuous unwanted e-mails, telephone calls and text messages are also a form of bullying.

If your child is experiencing any of the following please see your class teacher so that an investigation can be carried out and solutions can be found. At Frenchay C of E Primary School we focus on resolution, rather than finding or assigning blame. The aim is to find solutions in a non-confrontational manner that enables the bullied child and the bully to co-exist.



# Role of the teacher

- Listen to the child/parent concerns that 'bullying' is taking place and record the incident.
- Listen to the child and record how the child feels.
- Reassure the child that you will investigate incident/s which will involve speaking to the child/ren concerned.
- Arrange for a 'buddy' for the child who is feeling bullied.
- Listen & speak to the child/ren concerned about the incident separately. Record details of the conversation. It may be appropriate to discuss behaviour together and obtain genuine apologies.
- Speak to the alleged 'bully/bullies' explaining how their actions are impacting on another child and what can be done to find a solution.
- Whole class circle time on the aspect of bullying that has been alleged and/or social skills or friendship groups.
- Arrange a date for reviewing the situation with child/parent.
- Continue to monitor the situation.
- If situation does not improve speak to 'bully/bullies' parents.
- Apply sanctions where appropriate.
- Depending on the seriousness and/or frequency, parents may be encouraged to take an active part in 'target setting' in order to promote acceptable behaviour.
- Request guidance from outside agencies if situation continues.
- Monitor the situation until the problem is resolved.